



Introduction Week



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Indonesia - Lombok

Experience the unique culture of Lombok, enjoy with the fellow participants and take part in the interesting activities to understand the local way of living!

During this exciting week, you will be able to understand the traditional culture of Lombok, take a city tour to find out interesting places to hang out when you are free, learn the local language and cooking styles of the locals in Lombok and go on a spiritual tour to one of the sacred temples in Lombok.



Lombok

 All meals included	Yes (1)
 Free beverages	Yes (2)
 Persons per room	4-6
 Wifi in public areas	Yes
 Laundry facilities	No (3)
 Safety box	No
 Lockable rooms	No
 Hot shower	Yes
 Private bathroom	Yes
 Bed linen	Yes
 Towels	No
 Mosquito protection	No
 Fan	Yes
 Air conditioning	No

(1) Three meals per day during weekdays and two meals per day on weekends

(2) Water, tea, coffee and milk

(3) At an additional fee



Program Description

Lombok Introduction week is the week of interesting tour around Senggigi Town. You will be here to experience the local way of living and of course you will be able to immerse in the culture and lifestyle of Lombok people know as "Sasak".

During the introduction week you have to join all interest activities which will be carried out in many locations. First, you will be participating with the local staff to learn about the Culture class, Bahasa class, roam around the town which is surrounded by beautiful scenery and peaceful. You will get experiences about pottery of Lombok and also traditional cooking class including cultural Ketupat making. Moreover, they will take you to visit the Islamic Centre in Lombok. Finally, we will go to visit the old temple which we call Forever Young Temple; you can clean yourself to take off the bad things and pray for good things. In this also consists of a public swimming area where you can enjoy a swim with the locals.

Program Duration & Availability

Min duration (weeks): 1

Max duration (weeks): 1

Aims & Objectives

The aim and objective is to introduce you to the authentic Balinese culture and immerse you into it. By doing so, you will experience the best and the closest you can get to this impressive culture.

Schedule

Monday

Today would be the first day of your introduction week where you will learn about the do's and don'ts in Lombok take a walking tour around Senggigi town before lunch. Then in the afternoon, you will take part in a special cultural introduction class to dig deeper about the culture of Lombok.

Tuesday

Today you will learn to make ketupat like a local! In fact, the morning hours would be reserved for you to master in the traditional ketupat making. Then, you will also learn to cook a local meal so that you can try that out once you go back to your country.

Wednesday

On Wednesday, you will be visiting a pottery village to explore about the traditional pottery making styles of the locals. After lunch, you will then join the Bahasa class where you will learn the basic language phrases so that you can utilize them when you spend time with the locals.

Thursday

Today, in the morning, you will master in the local language thoroughly and after lunch, you will then visit the Islamic Center in Lombok. The evening would be reserved to welcome the newcomers to our program and also to bid farewell to the participants who back to their countries after spending some quality time in Lombok.

Friday

Today you will be visiting one of the many exciting places in Lombok which is known as the 'Forever Young Temple'. At this temple, you will be able to drink holy water which is also known as 'Forever Young Water'. Once you spend some time here experiencing the traditions, you will return to your center. In the evening, you will take part in the project week to find out more about your coming weeks in Lombok.

This schedule can be changed and/or amended depending on weather conditions, local conditions and unforeseen circumstances.

Starting Dates

During 2017

This program starts every week.

During 2018

This program starts every week.

Participant Criteria & Requirements

Minimum age:	-
Maximum age:	-
Minimum English level:	Basic
CRB required:	On Signup
Passport copy required:	On Signup
Resume copy required:	No
Required qualification:	None

Additional Requirements

There are no further requirements for this program.

Additional Equipment

No specific equipment required for this program.