



# Healthcare and Education Program



**Last updated:**  
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📍 Indonesia - Ubud

If you are a qualified medical practitioner or a person looking for a career in medicine, this is the program you need to choose in this amazing location!

Under this program, you will either be able to contribute to the development of health care in Ubud by working as a professional or teach basic first-aid, and methods to maintain personal hygiene to the locals.



Ubud- Standard Room      Ubud- Private Room      Ubud- Private Villa

All meals included	Yes (1)	Yes (1)	Yes (1)
Free beverages	Yes (2)	Yes (2)	Yes (2)
Persons per room	4-8	1-2	1-4
Wifi in public areas	Yes	Yes	Yes
Laundry facilities	No (3)	No (3)	No (3)
Safety box	No	Yes	Yes
Lockable rooms	No	Yes	Yes
Hot shower	Yes	Yes	Yes
Private bathroom	No	Yes	Yes
Bed linen	Yes	Yes	Yes
Towels	No	No	No
Mosquito protection	No	No	No
Fan	Yes	Yes	Yes
Air conditioning	No	No	No

(1) Three meals (breakfast, lunch and dinner) during the week and two meals (breakfast, dinner) during weekends

(2) Drinking water

(3) There are local laundry services around the village



## Program Description

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Our healthcare education initiative is in its infancy and requires the skills of both established medical and healthcare professionals and those who are interested in teaching basic first-aid and personal hygiene. This need for having project participants on either end of the medical spectrum arises due to the great extremes in hygiene and health practices. Apart from needing qualified professionals in order to conduct health camps and dental checkups, we also need participants who can educate people in the areas of basic first-aid and personal hygiene such as washing hands, brushing teeth and general cleanliness. This works towards the prevention of many avoidable health problems and easily communicable diseases.

If you are interested in education and simple hygiene techniques, you are welcome to join the newly established Healthcare Education project. Medical professionals who can offer guidance on the project's development would be immensely valuable, however it is not imperative that participants have a medical background to join. As a participant of this project, you can support to run healthcare campaigns in local schools around Ubud, actively teach the importance of basic hygiene – emphasize brushing teeth correctly, washing hands and general body cleanliness. Many of the daily routines that we carry out without thinking are not common practices with the children you will meet, but starting simple education early can go a long way for immediate and future healthcare. If you have a medical background, check-up clinics for local children and adults can be organized with your help.

The activity plan will be confirmed again every Friday.

## Program Duration & Availability

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**Min duration (weeks):** 1

## Aims & Objectives

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The aim and objective is to work towards the prevention of many avoidable health problems and easily communicable diseases.

## Schedule

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### Monday

On the first day of your project which falls on a Monday, you will attend a meeting with the Medical Officer after your breakfast to understand about the nature of the health issues and to get a short training where you will learn what is required to be done. After the meeting, you can prepare for the activities till the lunch time. After lunch, you will visit a local school where you will be able to organize the activities you have planned in an interesting way so that the children will learn from you easily. Once you return from the school, you can share your feedback and experiences with us, and call it a day.

### Tuesday to Friday

From Tuesday to Friday, you will prepare the daily activities after having breakfast and leave to the allocated schools/ projects after having a delicious meal for lunch. Once you go to your project location, you can then engage with the local children in teaching them on first-aid, hygiene and personal care. You can prepare the activities in an attractive manner so that the children would be engaged in the activities easily.

**This schedule can be changed and/or amended depending on weather conditions, local conditions and unforeseen circumstances.**

## Starting Dates

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### During 2017

This program starts every week.

### During 2018

This program starts every week.

## Participant Criteria & Requirements

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<b>Minimum age:</b>	-
<b>Maximum age:</b>	-
<b>Minimum English level:</b>	Basic
<b>CRB required:</b>	On Signup
<b>Passport copy required:</b>	On Signup
<b>Resume copy required:</b>	No
<b>Required qualification:</b>	None

### Additional Requirements

There are no additional requirements.

## Additional Equipment

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No specific equipment required for this program.